

# Empowering Barangay Leaders for Nutrition and Development in the City of Manila, Philippines

Rio Fe Garcia del Valle • Monitoring, Evaluation, and Learning Expert Nutrition Portfolio • Zuellig Family Foundation



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# ZFF as catalyst for better nutrition outcomes



#### Vision

A catalyst for the achievement of better health outcomes for all Filipinos.

#### Mission

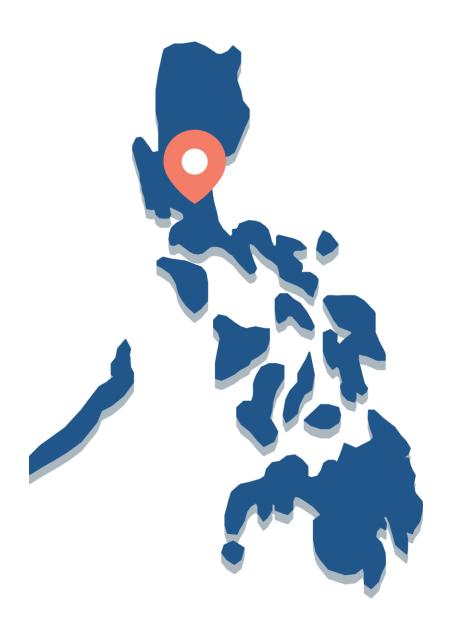
Enable local health systems to achieve better health outcomes for all Filipinos through effective leadership and governance in partnership and cooperation with key stakeholders. **ZFF** Health Change Model as Applied to Nutrition





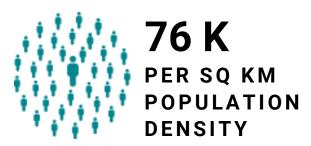
### Manila's urgent need to address malnutrition



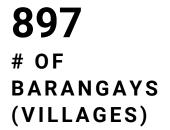






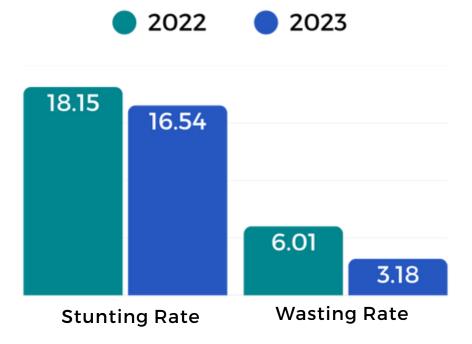


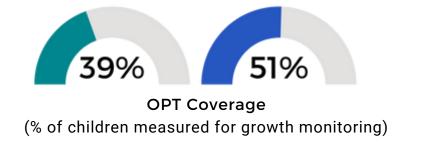












\*Population data as of 2024 | \*\*Estimated no. based on given multiplier Source of Data: Philippine Statistics Authority | Department of Health Source of Data: Operation Timbang Plus



### BL4ND to build capacity of leaders for Nutrition





### **Background**

ZFF, in partnership with Samaritan's Purse (SP) and the Manila Health Department (MHD), launched the **Barangay Leadership for Nutrition and Development** (BL4ND) program, training SP and MHD representatives as trainers in the rollout implementation of the Program to the barangay teams.

### **Objectives**

To provide leadership and technical learning opportunity for barangay to strengthen nutrition governance, boost community participation, and implement strategies to improve health and nutrition outcomes.

#### **Target Learners**

- Elected Village Officials: Barangay Chairmen, Barangay Kagawad, Sangguniang Kabataan (Youth) Leader
- Village Officers: Barangay Administrators, Barangay Secretaries, Barangay Nutrition Action Officer
- Community Health and Nutrition Workers/Volunteers: Barangay Health Workers, Barangay Nutrition Scholars



# Leaders underwent 6-month learning track

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### PRE-MODULE ACTIVITIES

- Selection of 5 Pilot Barangays
- Registration and Orientation of Participating Leaders
- Baseline Assessment (F1KD Roadmap Tool)

### LEADERSHIP INPUT

- Bridging Leadership
- Health and Nutrition
   System
- Systems Thinking in Nutrition
- Community Participation

### TECHNICAL INPUT

- First 1000 Days (F1KD)
   and Nutrition
- Barangay Nutrition
   Committee
- Local Nutrition Action
   Plan- Barangay
   Nutrition Action Plan

#### **2-DAY TRAINING MODULE**

### PRACTICUM ACTIVITIES

- Strengthening of Barangay
   Nutrition Committee
- Strengthening Community Participation and Demand Generation
- Development of Integrated Barangay Nutrition Action Plan

6 MONTHS



# Local nutrition systems were assessed and monitored

BARANGAY TECHNICAL ROADMAP FOR FIRST 1000 DAYS						
Goal -Contribute to stunting prevalence reduction among children 0-23 months old from baseline prevalence						
Leadership & Governance	Financing	Human Resource	Access to Commodities	Information System	Service Delivery	Social Determinants
Functional Expanded Barangay Nutrition Committee	Annual Barangay Budget allocation for Nutrition	Competent Barangay Nutrition Committee	Available medicines, vaccines and nutrition supplementation at the Barangay Health Stations	Profiling of Vulnerable Population	Improved health seeking behavior among families	Strengthened Child Protection at the Barangay Level
Functional Barangay Nutrition Unit / Office	Full Utilization of Barangay Budget Allocation for Nutrition	Presence of Designated and competent Barangay Nutrition Action Officer		Regular Community- based Nutritional Assessment	Improved infant and child nutritional care among families	Household Food Security
Collaborative, comprehensive, participatory and evidenced-based Barangay Nutrition Action Plan	Established incentives for Barangay Nutrition Scholars and Barangay Health Workers	Competent community-based support group for Nutrition Adequate and	Complete and functional nutrition tools and equipment in all Barangay Health Stations	Regular Data Recording and Reporting	Demand generation activities for nutrition are regularly conducted at the Barangays	Ensured Access to safe water, sanitation and hygiene in the barangay
Engaged Family and Community Social Groups to Nutrition Development		Competent Barangay Nutrition Workers / Scholars and Barangay Health Workers				



Limited functionality

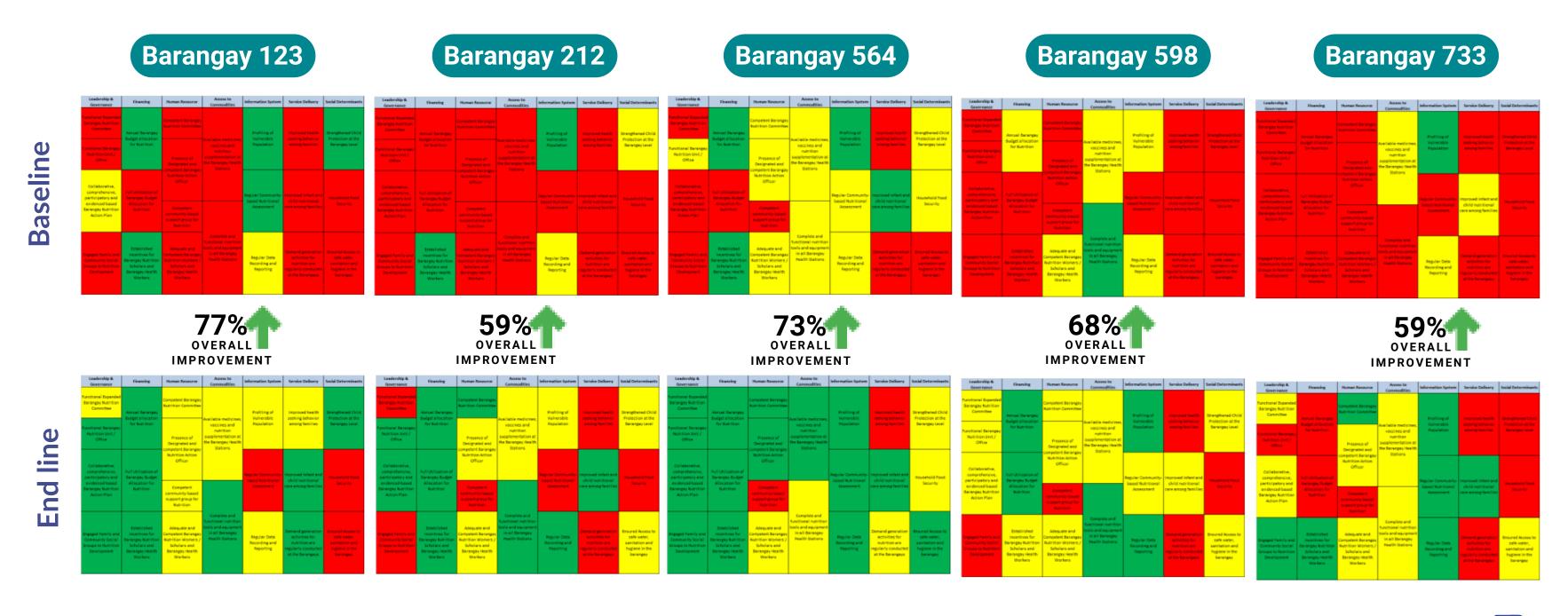
Semi-functional

Fully functional



# Significant improvements in local nutrition systems

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# Barangay teams actively implemented key nutrition initiatives





### **Strengthening Barangay Nutrition Committees**

Formed and expanded functional BNCs to lead nutrition initiatives for the community



### **Securing Nutrition Funding**

Allocated budgets to sustain nutrition service delivery and implement innovative efforts



#### **Strategic Nutrition Planning**

Developed Barangay Nutrition
Action Plans (BNAPs) to
ensure implementation of
nutrition activities and services



#### **Appointing Nutrition Leaders**

Designated Barangay Nutrition Action Officers (BNAOs) to lead coordination and oversee nutrition programs



# Barangay teams actively implemented key nutrition initiatives





**Providing Nutrition Resources** 

Provided essential tools and equipment to support nutrition activities



**Expanding Child Growth Monitoring** 

Increased tracking of children's nutritional status for early intervention



**Direct Nutrition Support** 

Conducted feeding programs and distributed multivitamins to vulnerable groups



**Boosting Community Awareness** 

Strengthened nutrition education and engagement to drive healthier practices



# This program generated valuable insights and key lessons

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### Leadership and Technical Skills

Strong
leadership and
technical skills
of leaders
improve nutrition
systems,
collaboration,
and community
engagement.



# Commitment and Understanding

Committed local leaders who understand the importance of F1KD accelerate nutrition responses.



### **Community Participation**

Community participation boosts awareness, intervention support, and program sustainability.



### Multi-sectoral Collaboration

Multi-sectoral collaborations strengthen malnutrition solutions.



### Prioritization of Nutrition

Integrating
nutrition into
barangay plans
with proper
funding ensures
sustainability.



### Targeted Interventions

Malnutrition interventions should be tailored to specific barangay and family needs.





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